VISAA State Champions with Multiple Titles

* Four Time Champion

Name	Wt.	Years	School
Abdul-Malik, Khalil	140	1992	St.Stephens-St.Agnes
Abdul-Malik, Khalil	130	1990	St.Stephens-St.Agnes
Adamski, Cade	106	2016	Bishop Sullivan
Adamski, Cade	113	2017	Bishop Sullivan
Alcorn, Quent	171	2011	St. Christopher's School
Alcorn, Quent	195	2012	St. Christopher's School
Alexander, Connor	113	2016	St. Christopher's School
Alexander, Connor	120	2017	St. Christopher's School
Alexander, Connor	132	2018	St. Christopher's School
Alger, Tim	98	1980	Bishop Ireton High School High School
Alger, Tim	112	1981	Bishop Ireton High School High School
Ames, Jens	220	2017	St. Christopher's School
Ames, Jens	220	2018	St. Christopher's School
Anthony, Tyler	285	2013	St. Christopher's School
Anthony, Tyler	285	2014	St. Christopher's School
Arborgast, Brycen	120	2022	Benedictine College Preparatory
Arborgast, Brycen	132	2023	Benedictine College Preparatory
Arborgast, Brycen	132	2024	Benedictine College Preparatory
Ball, Fred	119	1979	Bishop O'Connell High School
Ball, Fred	126	1980	Bishop O'Connell High School
Baron, Jerome	167	1985	Blue Ridge School
Baron, Jerome	167	1986	Blue Ridge School
Barnes, Brenden	113	2019	Benedictine College Preparatory
Barnes, Brenden	120	2020	Benedictine College Preparatory
Berry, George	HWT	1974	Woodberry Forest School
Berry, George	HWT	1975	Woodberry Forest School
Biller, Brady	126	2016	Benedictine College Preparatory
Biller, Brady	132	2017	Benedictine College Preparatory
Bogle, Andrew	275	1997	St.Christopher's
Bogle, Andrew	215	1996	St.Christopher's
Boyle, Brian	145	1976	Blue Ridge School
Boyle, Brian	155	1977	Blue Ridge School
Bruce, Judah	170	2014	Liberty Christian Academy
Bruce, Judah	170	2015	Liberty Christian Academy
Burg, Bobby	130	2008	Woodberry Forest School
Burg, Bobby	140	2009	Woodberry Forest School
Burns, Jameson	120	2024	Benedictine College Preparatory

* Carpenter, Reed 119 1998 Bishop O'Connell High Sc Carpenter, Reed 130 1999 Bishop O'Connell High Sc Carpenter, Reed 140 2000 Bishop O'Connell High Sc Carpenter, Reed 145 2001 Bishop O'Connell High Sc Caruana, Vince 105 1978 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Christman, Tommy 185 1987 Collegiate School Christman, Tommy HWT 1988 Collegiate School Christman, Tommy HWT 1988 Collegiate School Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Preparation Cox, Zane 152 2020 Benedictine College Preparation Cox, Zane 160 2022 Benedictine Collegiate School Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1995 Peninsula Catholic High Schere, Gill 152 1996 Peninsula Catholic High Schere, Gill 152 1996 Peninsula Catholic High Scheshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Donahue, Kevin 112 2004 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 130 2002 Virginia Episcopal School Dulinawka, Mike 130 2002 Virginia Episcopal School Dulinawka, Mike 130 2009 Bishop O'Connell High Schusia, Mark 138 1971 Norfolk Catholic High Schusia Bishop O'Connell High Schusia, Mark 138 1971 Norfolk Catholic High Schusia Mark 138 1971 Norfolk Catholic High Schusia Ma					
* Carpenter, Reed					Benedictine College Preparatory
* Carpenter, Reed 140 2000 Bishop O'Connell High Sc Carpenter, Reed 145 2001 Bishop O'Connell High Sc Caruana, Vince 105 1978 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Christman, Tommy 185 1987 Collegiate School Christman, Tommy HWT 1988 Collegiate School Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Preparation of Collegiate School Cox, Zane 152 2019 Benedictine College Preparation of Collegiate School Cox, Zane 152 2020 Benedictine College Preparation of Collegiate School Cox, Zane 160 2022 Benedictine College Preparation of Collegiate School Daniel, Tyson 125 2011 Cape Henry Collegiate School Daniel, Tyson 125 1999 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1995 Peninsula Catholic High S Deshshenieks, Craig 155 1996 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1994 St. Stephens-St. Agnes S Donahue, Kevin 130 2006 St. Christopher's School Dulinawka, Mike 125 2001 St. Christopher's School Dulinawka, Mike 130 2006 St. Christopher's School Dulinawka, Mike 130 2002 Virginia Episcopal School Dulnar, Nam 130 2009 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Earls, Chris 185 1986 Bishop O'Connell High Sc Ear		-			
** Carpenter, Reed Caruana, Vince 105 1978 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Christman, Tommy 185 1937 Collegiate School Christman, Tommy 185 1987 Collegiate School Colbert, Cash 190 2023 St. Paul VI Catholic High Sch Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Preparator, Zane 152 2020 Benedictine College Preparator, Zane 152 2020 Benedictine College Preparator, Zane 160 2022 Benedictine College Preparator, Zane 2011 Cape Henry Collegiate School Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1989 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High Scherie, Gill 152 1996 Peninsula Catholic High Scherie, Gill 152 1996 Peninsula Catholic High Scherie, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Dulnawka, Mike 125 2005 St. Christopher's School Dulnawka, Mike 125 2005 St. Christopher's School Dulnawka, Mike 125 2006 St. Christopher's School Dunbar, Nam 112 2006 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Barls, Chris 185 1985 Bishop O'Connell High Sc Barls, Chris 185 1986 Bishop O'		•			
Caruana, Vince 105 1978 Norfolk Catholic High Sch Caruana, Vince 112 1979 Norfolk Catholic High Sch Christman, Tommy 185 1987 Collegiate School Christman, Tommy HWT 1988 Collegiate School Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cow, Zane 152 2019 Benedictine College Prepare Cox, Zane 160 2022 Benedictine College Prepare Cunningham, Scott 125 2011 Cape Henry Collegiate School Cunningham, Scott 126 2012 Cape Henry Collegiate School Daniel, Tyson 125 1998 Collegiate School Daniel, Tyson 125 1998 Collegiate School Decher, Gill 152 1996 Peninsula Catholic High Sch Dech		•			,
Caruana, Vince 112 1979 Norfolk Catholic High Sch Christman, Tommy 185 1987 Collegiate School Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Prepart Cox, Zane 160 2022 Benedictine College Prepart Cunningham, Scott 125 2011 Cape Henry Collegiate Sc Cunningham, Scott 126 2012 Cape Henry Collegiate Sc Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1985 Peninsula Catholic High S Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 155 1987 Norfolk Academy Demery,	*	-			,
Christman, Tommy Christman, Tommy Christman, Tommy Christman, Tommy Colbert, Cash Cox, Zane Collegiate School Cox, Zane Cox, Zane Collegiate School Cox, Zane Collegiate School Cox, Zane Coll		·			_
Christman, Tommy Colbert, Cash Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Prepair Cox, Zane 152 2020 Benedictine College Prepair Cox, Zane 160 2022 Benedictine College Prepair Cox, Zane Cox, Zane 160 2012 Cape Henry Collegiate School Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 119 1988 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High S Dekshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 Donahue, Kevin 112 2004 Donahue, Kevin 112 2004 Donahue, Kevin 130 2006 Donahue, Kevin 130 2006 Donahue, Kevin 135 Donahue, Kevin 130 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 122 Dunbar, Nam 125 Dunbar, Nam 125 Dunbar, Nam 130 2009 Bishop O'Connell High Sch Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Dussia, Mark 139 Dussia, Mark 130 2003 St. Christopher's School Earls, Chris Bishop O'Connell High Sch Dussia, Mark 130 2004 St. Christopher's School Earls, Chris Bishop O'Connell High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Dussia, Mark 139 Dussia, Mark 139 Dussia, Mark 130 2009 Bishop O'Connell High Sch Dussia, Mark 130 2009 Bishop O'Connell High Sch Dussia, Mark 139 Bishop O'Connell High Sch Dussia, Mark 130 2009 Bishop O'Connell High Sch Dussia, Mark 130 2009 Bishop O'Connell High Sch D		·			_
Colbert, Cash 190 2023 St. Paul VI Catholic HS Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Preparation Cox, Zane 152 2020 Benedictine College Preparation Cox, Zane 160 2022 Benedictine College Preparation Cunningham, Scott 125 2011 Cape Henry Collegiate Sc Cunningham, Scott 126 2012 Cape Henry Collegiate Sc Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1985 Peninsula Catholic High S Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 145 1986 Norfolk Academy Dewery, Tom 160 1994 St. Stephens-St. Agnes * Donahue, Kevin 112 2004 St. Christopher's School		•			_
Colbert, Cash 190 2024 St. Paul VI Catholic HS Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Prepare Cox, Zane 160 2022 Benedictine College Prepare Cox, Zane 160 2022 Benedictine College Prepare Cunningham, Scott 125 2011 Cape Henry Collegiate School Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1989 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St.Agnes * Donahue, Kevin 112 2004 St. Christopher's School * Donahue, Kevin 135 2005 St. Christopher's School * Donahue, Kevin		•			_
Colbert, Cash 215 2025 St. Paul VI Catholic HS Cox, Zane 152 2019 Benedictine College Prepa Cox, Zane 152 2020 Benedictine College Prepa Cox, Zane 160 2022 Benedictine College Prepa Cunningham, Scott 125 2011 Cape Henry Collegiate Sc Cunningham, Scott 126 2012 Cape Henry Collegiate Sc Daniel, Ferill 152 2019 Peninsula Catholic High Sc Decker, Gill 152 1986 Peninsula Catholic High Sc		·			
Cox, Zane Cox, Z		·			
Cox, Zane Cox, Z		·			
Cox, Zane Cunningham, Scott Cunningham, Scott Cunningham, Scott Cunningham, Scott Daniel, Tyson Daniel, Tyson Decher, Gill Decher, Gill Decher, Gill Decher, Graig Dekshenieks, Craig Demery, Tom Demery, Tom Donahue, Kevin Do					•
Cunningham, Scott Cunningham, Scott Cunningham, Scott 126 2012 Cape Henry Collegiate Sc Cunningham, Scott 126 2012 Cape Henry Collegiate Sc Collegiate School Daniel, Tyson 119 1988 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill Decher, Gill Dekshenieks, Craig 145 Dekshenieks, Craig Dekshenieks, Craig Demery, Tom 160 1994 Vorfolk Academy Demery, Tom 160 1995 St. Stephens-St. Agnes Donahue, Kevin Donahue, Ke		-			
Cunningham, Scott Daniel, Tyson Daniel, Tyson Daniel, Tyson Decher, Gill Decher, Gerig Decher, Gerig Decher, Gerig Decher, Gerig Decher, Gerig Decher, Gerig Dech		•			• • •
Daniel, Tyson 119 1988 Collegiate School Daniel, Tyson 125 1989 Collegiate School Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes Donahue, Kevin 112 2004 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 155 1982 St. Stephens-St. Agnes Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		<u> </u>		2011	Cape Henry Collegiate School
Daniel, Tyson Decher, Gill Decher, Gill Decher, Gill Decher, Gill Deckshenieks, Craig Dekshenieks, Craig Dekshenieks, Craig Demery, Tom Donahue, Kevin Donahue,		Cunningham, Scott	126	2012	Cape Henry Collegiate School
Decher, Gill 152 1995 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 145 1987 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes Donahue, Kevin 112 2004 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Dulinawka, Mike 125 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Schol Dunbar, Nam 125 2008 Bishop O'Connell High Schol Dussia, Mark 132 1971 Norfolk Catholic High Schol Dussia, Mark 132 1971 Norfolk Catholic High Schol Dussia, Mark 138 1971 Norfolk Catholic High Schol Earls, Chris 185 1986 Bishop O'Connell High Schearls, Chris 185 1986 Bishop O'Connell High Schol Earls, Chris 185 1985 Bishop O'Connell High Schol Earls, Chris 185 1985 Bishop O'Connell High Schol Earls, Chris 185 1985 Bishop O'Connell High Schol Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Englioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Stephens-St. Agnes Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Daniel, Tyson	119	1988	Collegiate School
Decher, Gill 152 1996 Peninsula Catholic High S Dekshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes S Donahue, Kevin 112 2004 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Schonbar, Nam 125 2008 Bishop O'Connell High Schonbar, Nam 130 2009 Bishop O'Connell High Schonbaria, Mark 132 1971 Norfolk Catholic High Schonbasia, Mark 138 1971 Norfolk Catholic High Schonbasia, Mark 138 1971 Norfolk Catholic High Schonbasia, Mark 138 1986 Bishop O'Connell High Schonbasia, Mark 138 1986 Bishop O'Connell High Schonbasia, Mared 145 2014 Woodberry Forest School Engh, Jared 145 2014 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 155 1982 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Ferrell, Wortie 132 1988 Collegiate School		Daniel, Tyson	125	1989	Collegiate School
Dekshenieks, Craig 145 1986 Norfolk Academy Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes * Donahue, Kevin 112 2004 St. Christopher's School * Donahue, Kevin 130 2006 St. Christopher's School * Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High School Dunbar, Nam 130 2009 Bishop O'Connell High School Dussia, Mark 132 1971 Norfolk Catholic High School		Decher, Gill	152	1995	Peninsula Catholic High School
Dekshenieks, Craig 155 1987 Norfolk Academy Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes Donahue, Kevin 112 2004 St. Christopher's School Donahue, Kevin 125 2005 St. Christopher's School Donahue, Kevin 130 2006 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1985 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2014 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Faglioni, Mitchell 150 2024 St. Stephens-St. Agnes Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Decher, Gill	152	1996	Peninsula Catholic High School
Demery, Tom 160 1994 St. Stephens-St. Agnes Demery, Tom 160 1995 St. Stephens-St. Agnes * Donahue, Kevin 112 2004 St. Christopher's School * Donahue, Kevin 125 2005 St. Christopher's School * Donahue, Kevin 130 2006 St. Christopher's School * Donahue, Kevin 135 2007 St. Christopher's School Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Schonhar, Nam 125 2008 Bishop O'Connell High Schonhar, Nam 130 2009 Bishop O'Connell High Schonhar, Schonhard 135 1985 Bishop O'Connell High Schonhard 145 2014 Woodberry Forest School Earls, Christopher's School Earls, Christopher's School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fallows, Andy 145 1980 St. Stephens-St. Agnes Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Dekshenieks, Craig	145	1986	Norfolk Academy
Demery, Tom 160 1995 St. Stephens-St. Agnes * Donahue, Kevin 112 2004 St. Christopher's School * Donahue, Kevin 125 2005 St. Christopher's School * Donahue, Kevin 130 2006 St. Christopher's School * Donahue, Kevin 135 2007 St. Christopher's School Dulinawka, Mike 125 2001 Fork Union Military Acade Dulinawka, Mike 130 2002 Virginia Episcopal School Dunbar, Nam 112 2006 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sch Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1985 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2014 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 145 1981 St. Stephens-St. Agnes * Fellows, Andy 155 1982 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1988 Collegiate School		Dekshenieks, Craig	155	1987	Norfolk Academy
 Donahue, Kevin Dulinawka, Mike D		Demery, Tom	160	1994	St.Stephens-St.Agnes
* Donahue, Kevin		Demery, Tom	160	1995	St.Stephens-St.Agnes
* Donahue, Kevin	*	Donahue, Kevin	112	2004	St. Christopher's School
* Donahue, Kevin Dulinawka, Mike Dulinawka, Mike Dulinawka, Mike Dulinawka, Mike Dulinawka, Mike Dunbar, Nam Dunba	*	Donahue, Kevin	125	2005	St. Christopher's School
Dulinawka, Mike Dulinawka, Mike Dulinawka, Mike Dunbar, Nam Dunbar, Dunbar School Bishop O'Connell High Sch Bishop O'Conne	*	Donahue, Kevin	130	2006	St. Christopher's School
Dulinawka, Mike Dunbar, Nam Dussia, Mark Disher Dussia, Mark Disher Dussia, Mark Disher Dussi	*	Donahue, Kevin	135	2007	St. Christopher's School
Dunbar, Nam 112 2006 Bishop O'Connell High Sc Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1985 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fallows, Andy 145 1980 St. Stephens-St. Agnes Fellows, Andy 155 1981 St. Stephens-St. Agnes Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1988 Collegiate School		Dulinawka, Mike	125	2001	Fork Union Military Academy
Dunbar, Nam 125 2008 Bishop O'Connell High Sc Dunbar, Nam 130 2009 Bishop O'Connell High Sc Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1985 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Fellows, Andy 145 1980 St. Stephens-St. Agnes Fellows, Andy 155 1981 St.Stephens-St. Agnes Fellows, Andy 138 1979 St.Stephens-St. Agnes Fellows, David 119 1976 St.Stephens-St. Agnes Fellows, David 126 1977 St.Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Dulinawka, Mike	130	2002	Virginia Episcopal School
Dunbar, Nam 130 2009 Bishop O'Connell High Sch Dussia, Mark 132 1971 Norfolk Catholic High Sch Dussia, Mark 138 1971 Norfolk Catholic High Sch Earls, Chris 185 1986 Bishop O'Connell High Sch Earls, Chris 185 1985 Bishop O'Connell High Sch Earls, Chris 185 1985 Bishop O'Connell High Sch Earls, Chris Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St. Stephens-St. Agnes * Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Dunbar, Nam	112	2006	Bishop O'Connell High School
Dussia, Mark Dussia, Mark 138 1971 Norfolk Catholic High Sche Earls, Chris 185 1986 Bishop O'Connell High Sche Earls, Chris 185 1985 Bishop O'Connell High Sche Earls, Chris 185 1985 Bishop O'Connell High Sche Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School		Dunbar, Nam	125	2008	Bishop O'Connell High School
Dussia, Mark Earls, Chris 185 1986 Bishop O'Connell High Sche Earls, Chris 185 1985 Bishop O'Connell High Sche Engh, Jared 145 Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St.Stephens-St. Agnes * Fellows, Andy 155 1982 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St.Stephens-St. Agnes Fellows, David 119 1976 St.Stephens-St. Agnes Fellows, Pete 155 1979 St.Stephens-St.Agnes Fellows, Pete 155 1979 St.Stephens-St.Agnes Ferrell, Wortie 132 1987 Collegiate School		Dunbar, Nam	130	2009	Bishop O'Connell High School
Earls, Chris 185 1986 Bishop O'Connell High Sc Earls, Chris 185 1985 Bishop O'Connell High Sc Engh, Jared 145 2014 Woodberry Forest School Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St. Stephens-St. Agnes * Fellows, Andy 155 1982 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School		Dussia, Mark	132	1971	Norfolk Catholic High School
Earls, Chris Engh, Jared Engh,		Dussia, Mark	138	1971	Norfolk Catholic High School
Engh, Jared Engh, Jared Engh, Jared 145 2015 Woodberry Forest School Faglioni, Mitchell 150 2023 St. Christopher's School Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St.Stephens-St. Agnes * Fellows, Andy 155 1982 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St.Stephens-St. Agnes Fellows, David 119 1976 St.Stephens-St. Agnes Fellows, David 126 1977 St.Stephens-St. Agnes Fellows, Pete 155 1979 St.Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie		Earls, Chris	185	1986	Bishop O'Connell High School
Engh, Jared Faglioni, Mitchell Faglioni, Mitchell Faglioni, Mitchell Faglioni, Mitchell Faglioni, Mitchell Fellows, Andy Fellows, David Fellows, David Fellows, David Fellows, Pete Fellows, Pete Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Faglioni, Mitchell Ferrell St. Christopher's School St. Stephens-St. Agnes St. Stephens-St. Agnes St. Stephens-St. Agnes St. Stephens-St. Agnes Fellows, David Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Faglioni, Mitchell Follows, Christopher's School St. Stephens-St. Agnes St. Stephens-St. Agnes Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Faglioni, Mitchell Ferrell, Woodberry Forest School Ferrell		Earls, Chris		1985	Bishop O'Connell High School
Faglioni, Mitchell Faglioni, Mitchell Faglioni, Mitchell 150 2024 St. Christopher's School St. Stephens-St. Agnes Fellows, Andy 145 1980 St. Stephens-St. Agnes St. Stephens-St. Agnes Tellows, Andy 155 1981 St. Stephens-St. Agnes Tellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie		Engh, Jared	145	2014	•
Faglioni, Mitchell 150 2024 St. Christopher's School * Fellows, Andy 145 1980 St. Stephens-St. Agnes * Fellows, Andy 155 1981 St. Stephens-St. Agnes * Fellows, Andy 155 1982 St. Stephens-St. Agnes * Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School		•		2015	
 Fellows, Andy Fellows, David Fellows, Pete Fellows, Pete Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Terrell, Wortie<		_			-
 Fellows, Andy Fellows, Andy Fellows, Andy Fellows, Andy Fellows, Andy Fellows, Andy Fellows, David Fellows, Pete Fellows, Pete Ferrell, Wortie Ferrell, Wortie Ferrell, Wortie Terrell, Wo		•			•
 * Fellows, Andy * Fellows, Andy * Fellows, Andy * Fellows, Andy * Fellows, David * Fellows, Pete * Fellows, Pete * Ferrell, Wortie *					
* Fellows, Andy 138 1979 St. Stephens-St. Agnes Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School		•			
Fellows, David 119 1976 St. Stephens-St. Agnes Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School		•			
Fellows, David 126 1977 St. Stephens-St. Agnes Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School	*				
Fellows, Pete 155 1979 St. Stephens-St. Agnes Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School					•
Ferrell, Wortie 132 1987 Collegiate School Ferrell, Wortie 132 1988 Collegiate School		•			
Ferrell, Wortie 132 1988 Collegiate School		·			,
•					_
Fierro, Robbie 105 1988 St. Christopher's School		· ·			_
		Fierro, Robbie	105	1988	St. Christopher's School

Fierro, Robbie	112	1989	St. Christopher's School
Fierro, Robbie	119	1990	St.Christopher's
Foard, Lane	113	2022	Benedictine College Preparatory
Foard, Lane	165	2024	Benedictine College Preparatory
Foard, Lane	190	2025	Benedictine College Preparatory
Foote, Tucker	119	1995	St.Stephens-St.Agnes
Foote, Tucker	152	1998	St.Stephens-St.Agnes
Foote, Tucker	140	1997	St.Stephens-St.Agnes
Freeman, John	126	1982	St.Stephens-St.Agnes
Freeman, John	145	1983	St.Stephens-St. Agnes
Freeman, John	155	1984	St.Stephens-St.Agnes
Freidman, Ron	105	1975	Norfolk Academy
Freidman, Ron	112	1976	Norfolk Academy
Geier, Ray	189	2011	Paul VI High School
Geier, Ray	182	2012	Paul VI High School
Gentil, Connor	171	2002	Woodberry Forest School
Gentil, Connor	189	2003	Woodberry Forest School
Giordano, Grant	103	2003	Norfolk Academy
Giordano, Grant	103	2004	Norfolk Academy
Giordano, Grant	140	2006	Norfolk Academy
Gottwald, Ted	160	2008	St. Christopher's School
Gottwald, Ted	160	2009	St. Christopher's School
Gottwald, Ted	171	2010	St. Christopher's School
Hamblen, Tyler	119	2005	St. Christopher's School
Hamblen, Tyler	119	2006	St. Christopher's School
Hamblen, Tyler	130	2007	St. Christopher's School
Haney, Caleb	106	2022	St. Christopher's School
Haney, Caleb	106	2023	St. Christopher's School
Haney, Caleb	120	2025	St. Christopher's School
Hart, Gray	126	2017	St. Christopher's School
Hart, Gray	138	2018	St. Christopher's School
Harvich, Logan	106	2013	Cape Henry Collegiate School
Harvich, Logan	113	2014	Cape Henry Collegiate School
Harvich, Logan	126	2015	Cape Henry Collegiate School
Herod, Brian	112	2003	St. Christopher's School
Herod, Brian	119	2004	St. Christopher's School
Hicks, David	112	1998	St. Christopher's School
Hicks, David	119	1999	St. Christopher's School
Hicks, David	130	2000	St. Christopher's School
Hood, Tanner	160	2016	St. Christopher's School
Hood, Tanner	170	2017	St. Christopher's School
Hood, Tyler	138	2022	St. Christopher's School
Hood, Tyler	144	2023	St. Christopher's School
Hood, Tyler	150	2024	St. Christopher's School
Hood, Tyler	150	2025	St. Christopher's School
Horton, Matt	125	2000	St. Stephens-St. Agnes
Horton, Matt	140	2001	Paul VI High School
Horton, Matt	145	2002	Paul VI High School
Hunter, Brian	119	1973	Norfolk Academy
Hunter, Brian	119	1974	Norfolk Academy
Hurrin, Dirk	119	2002	St.Stephens-St.Agnes
Hurrin, Dirk	140	2003	St.Stephens-St.Agnes
Hurrin, Dirk	160	2004	St.Stephens-St.Agnes
			. •

*	Hurrin, Dirk	160	2005	St.Stephens-St.Agnes
	Ingram, Ryan	103	1995	Norfolk Academy
	Ingram, Ryan	112	1996	Norfolk Academy
	Ingram, Ryan	112	1997	Norfolk Academy
	Janis, Robert	130	2011	St. Christopher's School
	Janis, Robert	145	2012	St. Christopher's School
	Janis, Robert	152	2013	St. Christopher's School
	Jarrett, Flynn	HWT	1992	Episcopal High School
	Jarrett, Flynn	HWT	1993	Episcopal High School
	Kelley, John	140	1999	Cape Henry Collegiate School
	Kelley, Mark	160	1998	Cape Henry Collegiate School
	Keeling, Jake	120	2019	St. Christopher's School
	Keeling, Jake	126	2020	St. Christopher's School
	Kelly, William	106	2012	St. Christopher's School
	Kelly, William	113	2013	St. Christopher's School
	Kelly, William	126	2014	St. Christopher's School
	King, John	275	2008	Blue Ridge School
	King, John	275	2009	Blue Ridge School
	Kissell, Galilee	152	2018	Peninsula Catholic High School
	Kissell, Galilee	160	2019	Peninsula Catholic High School
*	Kurtzke, Eric	112	2019	Bishop O'Connell High School
*	Kurtzke, Eric	140	2007	Bishop O'Connell High School
*	·	125	2007	
*	Kurtzke, Eric			Bishop O'Connell High School
	Kurtzke, Eric	140	2008	Bishop O'Connell High School
	Lanier, Carrington	195	2014	St. Christopher's School
	Lanier, Carrington	195	2015	St. Christopher's School
	Long, Charlie	132	1979	Woodberry Forest School
	Long, Charlie	138	1980	Woodberry Forest School
	Long, Charlie	145	1981	Woodberry Forest School
	Long, Jon	125	1997	Paul VI High School
	Long, Jon	135	1998	Paul VI High School
	Lutterloh, Andrew	215	2011	Bishop Ireton High School
	Lutterloh, Andrew	220	2012	Bishop Ireton High School
	Macdonald, Hunter	140	2004	St. Christopher's School
	Macdonald, Hunter	145	2005	St. Christopher's School
	Mangrum, Erik	138	1985	Bishop Ireton High School
	Mangrum, Erik	126	1984	Bishop Ireton High School
	Mangrum, Erik	119	1983	Bishop Ireton High School
*	Mangrum, Mark	119	1985	Bishop Ireton High School
*	Mangrum, Mark	126	1986	Bishop Ireton High School
*	Mangrum, Mark	105	1984	Bishop Ireton High School
*	Mangrum, Mark	98	1983	Bishop Ireton High School
	Mangrum, Rod	138	1983	Bishop Ireton High School
	Mangrum, Rod	145	1984	Bishop Ireton High School
	Marcey, Jake	285	2006	Woodberry Forest School
	Marcey, Jake	285	2007	Woodberry Forest School
	Marshall, Paco	132	1973	Norfolk Academy
	Marshall, Paco	132	1974	Norfolk Academy
*	Mason, Will	103	2009	Cape Henry Collegiate School
*	Mason, Will	103	2010	Cape Henry Collegiate School
*	Mason, Will	112	2011	Cape Henry Collegiate School
*	Mason, Will	120	2012	Cape Henry Collegiate School
	Massie, Bubba	119	1994	Fork Union Military Academy
	,	•		in i

	Massie, Bubba	125	1996	Fork Union Military Academy
	McGurk, Brian	189	2001	St. Christopher's School
	McGurk, Brian	189	2002	St. Christopher's School
	McLain, Marvin	171	1998	Blue Ridge School
	McLain, Marvin	171	1997	Blue Ridge School
	McLeod, John	130	1994	Miller School
	McLeod, John	135	1995	Miller School
	McLeod, John	152	1997	Collegiate School
	Metcalfe, Jon	98	1979	St.Stephens-St.Agnes
	Metcalfe, Jon	105	1980	St. Stephens-St. Agnes
	Miller, Marcus	145	2011	Liberty Christian Academy
	Miller, Marcus	152	2012	Liberty Christian Academy
	Miosi, Chris	119	2000	St.Stephens-St.Agnes
	Miosi, Chris	130	2001	St.Stephens-St.Agnes
	Miosi, Chris	140	2002	St.Stephens-St.Agnes
	Mizelle, Mark	171	1991	Nansemond-Suffolk Academy
	Mizelle, Mark	189	1992	Nansemond-Suffolk Academy
	Munno, Joseph	145	2007	St. Christopher's School
	Munno, Joseph	135	2006	St. Christopher's School
	Noonan, Brendan	112	1991	St.Stephens-St. Agnes
	Noonan, Brendan	119	1992	St.Stephens-St.Agnes
	O'Boyle, Nolan	152	2022	Norfolk Academy
	O'Boyle, Nolan	165	2023	Norfolk Academy
k	Parrish, Scott	112	1974	Blue Ridge School
k	Parrish, Scott	119	1975	Blue Ridge School
k	Parrish, Scott	132	1976	Blue Ridge School
k	Parrish, Scott	132	1977	Blue Ridge School
	Parrish, Stuart	138	1974	Blue Ridge School
	Parrish, Stuart	155	1976	Blue Ridge School
	Pattisall, John	140	1991	Episcopal High School
	Pattisall, John	152	1992	Episcopal High School
	Payne, Charles	275	1999	Woodberry Forest School
	Payne, Charles	275	2000	Woodberry Forest School
	Philp, Craig	145	2006	St. Christopher's School
	Philp, Craig	160	2007	St. Christopher's School
	Pleasants, Richard	185	1977	St.Stephens-St.Agnes
	Pleasants, Richard	185	1978	St.Stephens-St.Agnes
	Prata, Joey	106	2014	St. Christopher's School
	Prata, Joey	113	2015	St. Christopher's School
	Prata, Joey	1120	2016	St. Christopher's School
	Ramos, Jacob	112	2010	Bishop O'Connell High School
	Ramos, Jacob	119	2011	Bishop O'Connell High School
	Rankin, Noah	113	2024	St. Christopher's School
	Rankin, Noah	126	2025	St. Christopher's School
	Ratley, Steve	135	2001	Bishop O'Connell High School
	Ratley, Steve	152	2002	Bishop O'Connell High School
	Ratley, Steve	171	2004	Bishop O'Connell High School
	Reilly, Tim	167	1980	Bishop O'Connell High School
	Reilly, Tim	185	1981	Bishop O'Connell High School
	Rifaat, Hassan	HWT	1980	St.Stephens-St.Agnes
	Rifaat, Hassan	HWT	1981	St.Stephens-St.Agnes
	Robertson, Jamie	125	2003	Collegiate School
	Robertson, Jamie	130	2004	Collegiate School
	•			-

	Robinson, English (Alex)	119	1991	Christchurch School
	Robinson, English (Alex)	125	1992	Christchurch School
	Rolfe, Zach	125	2004	St. Christopher's School
	Rolfe, Zach	135	2005	St. Christopher's School
	Rolfe, Zach	152	2006	St. Christopher's School
	Roggie, Cale	145	2022	St. Christopher's School
	Roggie, Cale	138	2023	St. Christopher's School
	Roggie, Erik	106	2018	St. Christopher's School
	Roggie, Erik	106	2019	St. Christopher's School
	Roggie, Erik	113	2020	St. Christopher's School
	Roggie, Drew	126	2024	St. Christopher's School
	Roggie, Drew	132	2025	St. Christopher's School
	Rome, Bobby	145	1978	Norfolk Catholic High School
	Rome, Bobby	145	1979	Norfolk Catholic High School
	Rumley, Richard	138	2012	Bishop Sullivan
	Rumley, Richard	138	2013	Bishop Sullivan
	Runzo, Dustin	113	2012	Norfolk Academy
	Runzo, Dustin	132	2014	Norfolk Academy
	Schafer, David	135	2004	St. Christopher's School
	Schafer, David	140	2005	St. Christopher's School
	Schmidt, Tyler	189	2005	St. Christopher's School
	Schmidt, Tyler	215	2003	St. Christopher's School
	Shabelski, Joe	126	1991	St.Stephens-St. Agnes
	Shabelski, Joe	135	1992	St.Stephens-St.Agnes
	Shabelski, Mel	105	1985	St.Stephens-St.Agnes
	Shabelski, Mel	112	1986	St.Stephens-St.Agnes
	Shabelski, Mel	98	1984	St.Stephens
	Sica, Steve	103	1999	Collegiate School
	Sica, Steve	103	2000	Collegiate School
	Sica, Steve	119	2001	Collegiate School
	Sobers, Tom	155	1983	Norfolk Catholic High School
	Sobers, Tom	167	1984	Norfolk Catholic High School
	Soltis, Alex	189	2007	Paul VI High School
	Soltis, Alex	189	2006	Paul VI High School
	Spangler, Tyler	112	2007	St. Christopher's School
	Spangler, Tyler	119	2008	St. Christopher's School
	Spangler, Tyler	125	2009	St. Christopher's School
	Spradlin, Bryan	98	1972	Hargrave Military Academy
	Spradlin, Bryan	112	1973	Hargrave Military Academy
	Stasko, Gary	105	1977	Bishop Ireton High School High School
	Stasko, Gary	119	1978	Bishop Ireton High School High School
	Stock, Chase	160	1997	Potomoc School
	Stock, Chase	160	1997	Potomoc School
	Swift, Lee	119	1972	Blue Ridge School
	Swift, Lee	126	1973	Blue Ridge School
	Swift, Lee	126	1974	Blue Ridge School
	Tennessee, Maurice	119	1980	Virginia School for Hearing Impaired
	Tennessee, Maurice	119	1981	Virginia School for Hearing Impaired
	Thoma, Cabell	170	2013	Benedictine College Preparatory
	Thoma, Cabell	182	2014	Benedictine College Preparatory
	Thompson, Josh	130	1998	Cape Henry Collegiate School
•	Thompson, Josh	135 132	1999 2016	Cape Henry Collegiate School
	Turley, Jackson	102	2010	St. Christopher's School

*	Turley, Jackson	160	2017	St. Christopher's School
*	Turley, Jackson	170	2018	St. Christopher's School
*	Turley, Jackson	182	2019	St. Christopher's School
	Turley, Walker	138	2024	St. Christopher's School
	Turley, Walker	144	2025	St. Christopher's School
	Walsh, Billy	98	1986	Paul VI High School
	Walsh, Billy	105	1987	Paul VI High School
*	Weaver, Rick	285	2016	The Covenant School
*	Weaver, Rick	285	2017	The Covenant School
*	Weaver, Rick	285	2018	The Covenant School
*	Weaver, Rick	285	2019	The Covenant School
	Weisberg, Clay	112	1995	Norfolk Academy
	Weisberg, Clay	119	1996	Norfolk Academy
	Weisberg, Clay	103	1994	Norfolk, Academy
	Weisberg, Zach	103	2001	Norfolk Academy
	Wesley, David	160	2010	St. Christopher's School
	Wesley, David	152	2011	St. Christopher's School
*	Whitt, Bryan	103	2006	Norfolk Academy
*	Whitt, Bryan	103	2007	Norfolk Academy
*	Whitt, Bryan	112	2008	Norfolk Academy
*	Whitt, Bryan	112	2009	Norfolk Academy
	Whitt, Taylor	103	2008	Norfolk Academy
	Whitt, Taylor	125	2010	Norfolk Academy
	Whitt, Taylor	135	2011	Norfolk Academy
	Worosz, P.J.	152	2001	Paul VI High School High School
	Worosz, P.J.	160	2002	Paul VI High School High School
	Worosz, P.J.	160	2003	Paul VI High School High School
*	Wyland, Josh	120	2014	Benedictine College Preparatory
*	Wyland, Josh	132	2015	Benedictine College Preparatory
*	Wyland, Josh	138	2016	Benedictine College Preparatory
*	Wyland, Josh	145	2017	Benedictine College Preparatory